The benefits of nurse-led follow-up are well documented in the wider literature and include **high patient satisfaction rates** and **improved information delivery**.

Unfortunately there is a paucity of data when it comes to gynaecology, particularly with regards to post-operative follow-up where the much-needed continuity of care a clinical nurse specialist (CNS) can offer is often underutilised.

### Introduction

Our results highlight the successful extension of our endometriosis CNS’s role. The development of such clinics allows both valued continuity of care for the patient and with pre-determined clinical criteria a safe, high quality, standardised follow-up pathway. Not only is the service well received by patients, it is also efficient and cost effective with 85% of patients discharged after 3.5 months.

### Development of the service

Following on from initial positive results we developed a CNS led follow-up clinic with fixed clinical review criteria for each surgical procedure (Figure 1). Following commencement of the clinic, a prospective patient satisfaction survey was undertaken. All clinically suitable post-operative patients requiring follow-up were reviewed by our CNS and asked to complete a satisfaction survey (Figure 2).

### Results

100% of patients had a documented wound review and histology check.

Symptom resolution, bladder/bowel function and fertility plans were discussed in 100% of cases.

85% of patients were successfully discharged following 1 visit after a mean of 3.5 months (range 1-12).

The mean patient satisfaction rate was 9.45/10.

### Conclusion

Our results highlight the successful extension of our endometriosis CNS’s role. The development of such clinics allows both valued continuity of care for the patient and with pre-determined clinical criteria a safe, high quality, standardised follow-up pathway. Not only is the service well received by patients, it is also efficient and cost effective with 85% of patients discharged after 3.5 months.

### References